

Reality as the Mirror

Unless an individual consciously seeks cultivation of the inner self, development within the sphere of the external world will reflect the limitation one unconsciously places upon their own mental development. As the physical world tends to mirror our innermost thoughts. What we consciously project upon the world will often mirror the worldly correspondence to the inquiry. For the material world interacts with the immaterial in ways the individual is not even aware of. While we are conscious of a number of these interactions, not all of them register with our conscious awareness. This does not necessarily mean the information escapes the mind altogether. It simply means the mind is not consciously aware of subconscious processes. The degree to which the subconscious absorbs information independent of the conscious mind demonstrates the limitless possibilities of its powers. Unless an individual is aware of its potential, tapping into the limitless powers of the subconscious will prove difficult; as to experience thoughts of an expansive nature requires an open mind. Without attempting to broaden one's comprehension of reality, perception cannot evolve beyond a primitive state.

Therefore, a mindset comprised of an open nature dissolves impediments preventing one from attaining a deeper understanding of life. By embracing thoughts which align with a higher nature, limitations imposed by subconscious programming begin to fall away. By implementing changes to patterns of thought, one experiences life from a unique perspective. Any perceived obstacles losing influence over insightful thought. For a shift in perspective provides the necessary space for growth to naturally occur. Comprehension of this paves the way for a smoother transition in the evolution of one's thought processes. Acknowledging the necessity to change and actively taking the first steps in the arduous process. Flexibility in one's views of the world being a crucial steppingstone in the process of transformation. Softening the rigidity of worldly thought-forms, to discover what exists beyond one's conception of reality. The more one consciously surrenders the impulse to control every aspect of life, the greater one's sense of awareness will grow. As the desire to control aligns with thoughts of a lower vibrational frequency.

To break free of the mental conditioning that has led to the loss of the authentic self will prove a difficult feat in itself; as the subconscious mind is extremely impressionable. For this reason alone, it is difficult to wake people

from a state of slumber. Unless an individual seeks to free their mind from a lifetime of mental conditioning; the chances of breaking free of the mold society has cast them in are highly unlikely. For the liberation of thought is the first step towards creating a life one naturally aspires to. Therefore, the primary focus should remain upon thoughts which serve as inspiration to make one's desired goals a tangible reality. Without a decisive outcome attached to goals, one's efforts will prove to be futile. The questionable outcome being a byproduct of ideas that are underdeveloped. Unless an individual recognizes flaws within their own logic, substantial projects will be undermined by a lack of definitive vision. The consequences of this manifest in ways which reflect the obvious nature of this oversight.